

INTERNET MENTAL HEALTH QUALITY OF LIFE SCALE: Schizophrenia, Psychotic (Active) Phase

Green Boxes = Core Features

Yellow Boxes = Associated Features

Red Boxes = Features That Can Not Be Present

1			2			3		
Social Support			Loving To Parents			Loving To Siblings		
Frequency of contact this week with <u>close</u> friends			Showing love or caring to own parents			Showing love or caring to own brothers and sisters		
0 Visited 5 or more close friends this week			0 Often <input type="checkbox"/> OR not applicable			0 Often <input type="checkbox"/> OR not applicable		
1 Visited 1-4 close friends this week			1 Sometimes			1 Sometimes		
2 Didn't visit any close friends this week			2 Seldom or never			2 Seldom or never		
4			5			6		
Caring To Friends			Loving To Romantic Partner			Loving To Own Children		
Showing love or caring to friends			Showing love or caring to romantic partner			Showing love or caring to own children		
0 Often			0 Often <input type="checkbox"/> OR not applicable			0 Often <input type="checkbox"/> OR not applicable		
1 Sometimes			1 Sometimes			1 Sometimes		
2 Seldom or never			2 Seldom or never			2 Seldom or never		
7			8			9		
Homemaking (Housekeeping, Shopping)			Paid Employment in the Past Week			Income Problem		
Impaired homemaking (e.g., difficulty with cooking, cleaning, laundry, shopping)			[Not applicable if full-time parenting, full-time student, or retired from work]			Adequacy of income		
0 No or little difficulty <input type="checkbox"/> OR not applicable			0 Full-time employment <input type="checkbox"/> OR not applicable			0 Adequate income NOT on disability benefits		
3 Much difficulty			3 At least 10 hours a week			3 Inadequate income OR on disability benefits		
6 Extreme difficulty			6 Less than 10 hours a week			6 Can't afford even basic food, shelter or clothing		
10			11			12		
Housing Problem			Money Management Problem			Need for Institutional Care		
Inadequate or inappropriate housing (i.e., lives in slum or is homeless)			Repeated over-spending, or inability to live within a budget			Needs placement in hospital or residential care (e.g., supervised group home or nursing home)		
0 Adequate housing			0 No or little difficulty			0 Hospital or residential care is not required		
3 Inadequate or inappropriate housing			3 Much difficulty			3 Voluntary institutional care is required		
6 Homeless			6 Extreme difficulty			6 Involuntary institutional care is required		
13			14			15		
Drug or Medication Abuse			Alcohol Abuse			Reckless or Impulsive Behavior		
Drug or medication abuse that causes harm to self or upsets others			Alcohol abuse that causes harm to self or upsets others			Recklessly disregards danger (e.g., dangerous sports, driving, or reckless sex)		
0 No or little difficulty			0 No or little difficulty			0 No or little difficulty		
3 Much difficulty			3 Much difficulty			1 Much difficulty		
6 Extreme difficulty			6 Extreme difficulty			2 Extreme difficulty		
16			17			18		
Illegal or Criminal Behavior			Physical Violence			Phobia (Excessive Fear Of Specific Things)		
Law-breaking behavior			Physical violence towards others (e.g., physical assault or property damage)			Excessive, unreasonable fear of a specific object or situation (e.g., fear of flying)		
0 No or little difficulty			0 No or little difficulty			0 No or little difficulty		
3 Much difficulty			3 Much difficulty			1 Much difficulty		
6 Extreme difficulty			6 Extreme difficulty			2 Extreme difficulty		
Items 13-17 Subtotal:			Items 18-20 Subtotal:			Items 1-6 Subtotal:		
19			20			9		
Brief, Unprovoked Attacks of Panic			Obsessive Thinking or Compulsive Rituals			Prolonged Anxiety, Tension or Worry		
Brief, unprovoked attacks of intense anxiety in situations where most people would not be afraid			Fixed, unwanted, fearful, obsessive thoughts or compulsive rituals (e.g., obsessed with cleanliness or checking rituals)			Excessive anxiety and worry about a number of different things		
0 No or little difficulty			0 No or little difficulty			0 No or little difficulty		
1 Much difficulty			1 Much difficulty			1 Much difficulty		
2 Extreme difficulty			2 Extreme difficulty			2 Extreme difficulty		
22			23			24		
Fidgeting, Pacing, or Hyperactivity			Sad or Depressed Mood			Apathy		
Must fidget, pace or be constantly on the go			Sorrow, despondency, or pessimism			Loss of interest in doing favorite hobbies, or failure to do required daily activities due to lack of motivation		
0 No or little difficulty			0 No or little difficulty			0 No or little difficulty		
1 Much difficulty			1 Much difficulty			1 Much difficulty		
2 Extreme difficulty			2 Extreme difficulty			2 Extreme difficulty		

25		26		27	
Irritability or Hostility		Feeling Worthless or Guilty		Fatigue (Physically Tired All Day)	
Anger, resentment, hatred or cruelty		Self-blame, shame, or remorse for past behavior		Fatigued or tired most of the day (even when not working very hard)	
0 No or little difficulty		0 No or little difficulty		0 No or little difficulty	
1 Much difficulty		1 Much difficulty		1 Much difficulty	
2 Extreme difficulty		2 Extreme difficulty		2 Extreme difficulty	
28		29		30	
Poor Concentration or Attention		Sleeping Problem		Appetite or Eating Problem	
Easily bored (e.g., can't read for more than 20 minutes) [or fails on an arithmetic test of concentration like Serial 7 or Serial 3 Test *]		Sleeping much more or less than usual		Eating much more or less than usual	
0 No or little difficulty		0 No or little difficulty		0 No or little difficulty	
1 Much difficulty		1 Much difficulty		1 Much difficulty	
2 Extreme difficulty		2 Extreme difficulty		2 Extreme difficulty	
31		32		33	
Poor Sexual Interest or Ability		Overly Dependent Behavior		Poor Physical Health	
Uninterested in sex, or unable to reach normal orgasm		Requires a lot of advice or reassurance from others		Overall physical health (including preoccupation with physical health)	
0 No or little difficulty <input type="checkbox"/> OR not applicable		0 No or little difficulty		0 No or little difficulty	
1 Much difficulty		1 Much difficulty		1 Much difficulty	
2 Extreme difficulty		2 Extreme difficulty		2 Extreme difficulty	
34		35		36	
Risk of Harming Self		Very Energetic with Little Sleep		Over-Talkative or Racing Speech	
Risk of harming self by self-injury or severe self-neglect (e.g., suicide or starvation)		Feels very energetic, yet sleeps only 4 hours or less per night		Almost non-stop talking, or speech racing from topic to topic	
0 Little or no risk		0 No or little difficulty		0 No or little difficulty	
3 Moderate risk		1 Much difficulty		1 Much difficulty	
6 High risk		2 Extreme difficulty		2 Extreme difficulty	
Items 21-34 Subtotal:					
37		38		39	
Feeling So Happy It Caused Problems		Delusions or Hallucinations		Distrust or Suspiciousness	
Feeling so happy or excited that it caused problems, or family or friends worried about it		Unusual, strange, bizarre false beliefs OR hearing, seeing, tasting or smelling strange things others (in the same room) can't		Distrust and suspiciousness of others (e.g., reads hidden demeaning or threatening meanings into harmless remarks or events)	
0 No or little difficulty		0 No or little difficulty		0 No or little difficulty	
1 Much difficulty		3 Much difficulty		3 Much difficulty	
2 Extreme difficulty		6 Extreme difficulty		6 Extreme difficulty	
Items 35-37 Subtotal:					
40		41		42	
Disorganized or Bizarre Behavior		Poor Memory or Learning Ability		Decreased Speech, Emotion and Movement	
Bizarre, disorganized speech, emotions or behavior (e.g., incoherent speech, strange inappropriate emotions or peculiar behavior)		Very forgetful or unable to learn as expected [or can't remember 7 words, repeated 3 times, after 5 minutes]		Sitting relatively motionless, expressionless, seldom talking and slow to respond	
0 No or little difficulty		0 No or little difficulty		0 No or little difficulty	
3 Much difficulty		3 Much difficulty		3 Much difficulty	
6 Extreme difficulty		6 Extreme difficulty		6 Extreme difficulty	
Items 38-40 Subtotal:					
43		44		45	
Poor Grooming and Hygiene		Confused as to Date, Place, or Person		Medication Side-Effects	
Neglects personal grooming and cleanliness (e.g., body odor, unbrushed hair, dirty)		Confused as to the day / month / year, the place, or who is visiting; gets lost near home		Adverse effects due to medication use	
0 No or little difficulty		0 No or little difficulty		0 No or little difficulty <input type="checkbox"/> OR not applicable	
3 Much difficulty		3 Much difficulty		1 Much difficulty	
6 Extreme difficulty		6 Extreme difficulty		2 Extreme difficulty	
46		47		48	
Faithfully Following Prescribed Treatment		Work, Social, Financial or Physical Stress		Overall Recovery	
Extent to which the prescribed treatment was actually followed		Amount of <u>external</u> stress (like work, social, financial or physical stress)		Overall recovery (since therapy started)	
0 Always <input type="checkbox"/> OR not applicable		0 None or little		0 Good (at least two-thirds recovered) OR N/A	
1 Sometimes follows prescribed treatment		1 Moderate		1 Fair (at least one-third recovered)	
2 Seldom or never follows prescribed treatment		2 Severe		2 Poor (less than one-third recovered)	
46		47		48	
				Items 45-48 Subtotal:	