

Difficult, Disturbing & Dangerous Behaviour



YOUR LOGO

Date
9.30 – 4.30

Venue Address

Contact

Who to contact

Programme Overview

This unique "fringe theatre style" course takes participants on a fascinating and practical journey through the world of violence and danger. The training unfolds through a series of critical incidents that are narrated and dramatised before the group, bringing the material to life and allowing the participants to consider in detail the point of crisis and the skills needed to achieve a successful resolution. Participants will learn:

- How to identify different types and levels of violence and aggression
- Skills to respond to those different types of behaviour
- How to manage their own physical and emotional responses when under threat
- Work effectively alongside colleagues in a crisis

Content

This course covers the following areas:

- The Instant Aggression Model
- Reactive, Disturbed and Proactive Forms of Aggression
- Pivotal Points
- Defusing and De-escalating Skills
- Brain, Body and the Acute Stress Response
- Rapid Cognition and Thin-slicing
- Rapid Reaction Skills
- Psychosis Containment Skills
- Lone-working
- Teamwork During Critical Incidents

The Structure of the Session

The day runs from 9.30 - 4.30. As this is a dramatic course it is important that all participants arrive in good time and are ready to start at 9.30. There will be a 20 minute mid-morning and afternoon breaks and lunch will be at 1.00 p.m. for 40 minutes.



Delivered by:
Dr Iain Bourne
Director
IMPACT Training &
Consultation Ltd

*Specialising in
responding to:*

**Violence, Suicide, Self-
Harm, Psychosis and
Trauma**